

Icebreakers

Backward clumps

Group size: 8 – 16 people

Resources needed: None

Instructions:

- Divide the group into pairs.
- As each pair to sit on the floor with their backs together, feet out in front and arms linked.
- Their task is to stand up together.
- Once every pair has had a go, join pairs together to make groups of four to try and repeat the task.
- After the fours have succeeded, add another two to each group and try again.
- Keep adding people until your whole group is trying to stand up together!