

# Icebreakers

## Chocolate Chomp

**Group size:** 8 – 20 people

**Resources needed:**

- Large bar of chocolate
- Knives & forks
- Dice
- Hat, gloves & scarf
- Plate

**Instructions:**

- Ask the young people to sit in a circle, facing inwards. Place the bar of chocolate (unwrapped!) on a plate in the middle of the circle with the knives and forks and also the hat, gloves and scarf.
- Each person in the circle will then take turns to roll the dice. If they throw a six they have to run to the centre of the circle, put on the items of clothing and eat as much chocolate as they can using only a knife and fork to cut it up and pick up the pieces.
- While they are eating the dice continues to be thrown. As soon as someone else throws a six they run to the middle, put on the clothing and have their turn to eat as much chocolate as possible.
- Continue until all the chocolate is gone.

**Alternatives:**

- Make it more of a challenge by chilling the chocolate until it's really hard!
- Use fruit for a healthy alternative.