

Icebreakers

Freeze frame

Group size: 8 – 20 people

Resources needed: • Camera

Instructions:

This is based on the party game of musical statues.

Invite the young people to move quietly round the room, explain that as they are walking round you will shout out the name of a sport. When they hear the name they should immediately stop and hold a still 'freeze frame' illustrating or acting out the sport.

Sports could include:

- Golf
- Football
- Rugby
- Swimming
- Parachuting
- Polo
- Horse racing

Take a photo of the most lifelike or descriptive 'freeze frame' in each round for future display.

Alternatives: You can play variations of the game by shouting out emotions, job titles, animals etc.