

Icebreakers

Sit down if...

Group size: Any size group

Resources needed: Somewhere for people to sit (they may be happy to sit on the floor)

Instructions:

Get everyone to stand up, then read through the list below (you can also add your own). The last person standing is the winner.

- Sit down if you've eaten chocolate today
- Sit down if you are wearing pink
- Sit down if your star sign is Sagittarius
- Sit down if you have blue eyes
- Sit down if you are the youngest child in your family
- Sit down if you have ever had a broken bone
- Sit down if you can speak more than one language
- Sit down if you have more than three pets
- Sit down if you've ever lived outside Somerset