## Somerset Youth & Community Service





## **Toilet roll game**

**Group size:** 5 - 12 people

Resources needed: • Toilet rolls

## Instructions:

- Give a roll of toilet paper to someone in the group and ask them to tear off as many sheets as
  they normally use, then pass (or throw) the roll to another member of the group to do the
  same. Don't explain the purpose at this point it just adds to the mystery!
- Continue until everyone has torn off some paper, you'll find some people will only take a couple of sheets, other will reel of loads! (You may need more than one toilet roll).
- Once the roll has been round to everyone you explain the next part. For each piece of paper they have torn off, each person has to reveal one fact about themselves.

**Alternatives:** If you prefer not to use toilet roll you can:

- ask everyone to cut off a piece of string to whatever length they like, then
  reveal a fact for each centimetre or for how many times it will wrap around
  their index finger.
- Ask people to help themselves to as many beads or dried peas etc. as they want from a jar and then reveal a fact about themselves for each one.

